



General Packing List for an Odysseys Unlimited Tour

Clothing:

- Comfortable, broken-in** walking shoes with non-skid soles
- Casual, comfortable clothing that can be easily layered
 - For warm weather:** Bring lightweight clothing, such as items made of linen or cotton. Consider long-sleeved, loose-fitting clothing, as it protects you from both sun exposure and insect bites while keeping you cool.
 - For cool weather:** Bring light- to medium-weight clothing that can be easily layered to adapt to changing temperatures. For some destinations, it may be a good idea to bring a hat, gloves, and medium-weight jacket.
- Sleepwear
- Underwear
- Socks (consider above-ankle socks if mosquitos are a concern)
- Layering items such as sweaters, cardigans, and thick button-up shirts
- Rainproof and windproof jacket (or a reusable poncho with a hood)
- Bathing suit (for hotel pools and spas)

Accessories & Travel Supplies:

- Sun hat
- Sunglasses
- Day pack (such as a small backpack) for long days of sightseeing to hold items such as your camera, an extra layer, water bottle, umbrella, binoculars, snacks, etc.
- Money belt to wear under your clothing
- Small cross-body bag with a zipper that can be worn in front of your body for everyday use
- Reusable water bottle
- Collapsible umbrella

- Neck pillow
- Compression socks
- Sleep mask
- Foam and/or silicone earplugs for sleeping in planes and hotels

Toiletries:

- Toothbrush
- Toothpaste
- Floss
- Mouthwash
- Facial cleanser, body wash, bar soap, and shampoo/conditioner (if you do not wish to use hotel-provided toiletries)
- Deodorant
- Perfume/cologne
- Shaving supplies
- Hairbrush/comb
- Hair styling products and supplies
- Fingernail clippers
- Makeup supplies
- Face/wash cloth (many European hotels do not provide these)
- Any other cosmetic or sanitary products that you use every day

Medical, First Aid & Safety Supplies:

Important Note: Always check your destination's regulations on importing controlled substances, prescription medications, and/or medical supplies (such as CPAP machine, syringes, etc.) prior to your departure. Additionally, we recommend that you **NOT** travel with any CBD or THC (marijuana) products as regulations and enforcement can vary dramatically from country to country and can change without notice.

- Prescription medications
- Vitamins/supplements
- Eyeglasses (consider also bringing a backup pair, if possible, in case your regular pair is lost or breaks while traveling)
- Contact lenses and contact lens cleaning solution
- Sunblock (preferably reef-friendly) with a high-level broad-spectrum SPF (at least 50 SPF is recommended)
- Insect repellent containing 25–30% DEET concentration

- Lip balm
- Pocket tissues
- Medical ID tag or bracelet, if needed
- Note in the language(s) of your destination(s) outlining any food allergies for meals on your own, if needed
- Any other medical supplies you may need (insulin monitors, syringes for medication, blood pressure monitor, CPAP machine, etc.)

We also recommend putting together a **small first-aid kit** containing the following:

- Over-the-counter painkillers such as ibuprofen (Advil®) and/or acetaminophen (Tylenol®)
- Adhesive bandages
- Tweezers
- Moleskin for foot blisters
- Antibacterial towelettes/alcohol wipes
- Antibacterial ointment
- Hand sanitizer
- Anti-nausea medicine such as Pepto-Bismol® and/or TUMS®
- Anti-diarrheal medicine such as IMODIUM®
- Motion sickness medicine such as Dramamine® Less Drowsy
- Non-pharmaceutical nausea/motion sickness aids, such as Sea-Bands®, peppermint and/or ginger candies, etc., if needed
- Anti-itch cream for insect bites
- Other commonly needed over-the-counter medications, such as Benadryl®, cold/allergy medicine, eye/ear drops, etc., as needed

Other supplies to consider bringing:

- COVID-19 antigen tests
- Medical-grade KN95 or N95 face masks
- Emergency repair items: sewing kit, safety pins, string, small roll of duct tape, stain removal pen, eyeglass repair kit, etc.
- Small flashlight

Electronics:

- Mobile phone
- Tablet/e-reader

- Smartwatch/fitness watch
- Headphones/earphones (ideally noise-cancelling for long flights and motorcoach rides)
- Camera and lenses, dust covers, filters, extra memory card(s), etc.
- Charging cables and/or batteries for all electronics
- Portable power bank
- Universal plug adapter (if necessary)
 - Not all adapters labeled as “universal” work everywhere; ensure yours has plugs specific to where you’ll be traveling.

Important Documents & Emergency Info:

- Passport and/or government-issued ID
- Visa/entry document(s) (if required)
- Credit and debit cards
- U.S. cash (amount dependent on your destination and spending habits)
- Small amount of your destination’s local currency, if desired
- Printed passport-sized and -compliant photos (useful in case your passport or ID is lost while traveling)
- Printed contact information for your pet sitters, house sitters, family/friends, insurance companies, doctors, hotels, airlines, banks, and Odysseys Unlimited
- Odysseys Unlimited emergency contact information (in the event of an after-hours emergency)
- Proof of inoculations/vaccinations (if required)
- Written prescriptions and/or letter(s) from doctor(s), as needed
- Photocopies/photos of your social security card, birth certificate, passport photo page and/or government-issued ID, visa(s) and/or entry document(s) (if required), insurance cards, and any other important documents
- Copy of trip itinerary

On some tours, you may also wish to bring some items to give to the local people in more remote areas, such as:

- Small souvenirs from your hometown or a small hostess gift if your tour has a home-hosted dinner or other get-together with a local family
- Small gifts for children: crayons, stickers, pens, pencils, erasers, books, small notebooks. Please do not bring candy or gum.
- Sample or travel-sized cosmetics and toiletries: lipsticks, blush, nail polish, etc.

Supplemental Packing List for *Patagonia Frontiers and Patagonian Explorer*

On our Patagonia tours, we cover varied terrain and a spectrum of different climates, so it is useful to pack the following items in addition to the items provided in the above general packing list:

- Warm hat
- Gloves
- Warm jacket
- Hiking poles (must be packed in checked luggage)
- Waterproof parka
- Sweaters and/or fleece
- Fast-drying clothing
- Thermal underwear
- Waterproof trousers/rain pants
- Sturdy hiking shoes/boots with good traction
- Ponchos and rain gear to protect you and your belongings from damp locations

Supplemental Packing List for *Machu Picchu to the Galapagos*

Some unique locations, activities, and hotels on our *Machu Picchu to the Galapagos* tour require specific supplies. Packing the below item will ensure that you have a comfortable journey.

- Light fleece jacket
- Lightweight long-sleeved shirts and trousers for sun protection
- Rain jacket, poncho, and collapsible umbrella (although note that umbrellas are prohibited at Machu Picchu)
- Wide-brimmed hat
- Low-calorie sweetener, if desired (you may not be able to get it at your hotels)
- Binoculars
- Pocket tissues, moist towelettes, deodorant, and moisturizing lotion (for freshening up during the day)
- If you bring a camera, bring along two lenses – 50 mm and zoom 200 mm minimum

For Machu Picchu:

- Small, soft-sided, duffel-type bag for your overnight stay at Machu Picchu (you can pack this in your checked luggage, or use it for your carry-on)
- Broken-in walking shoes or hiking boots
- Walking stick with a rubber tip (must have a rubber tip to be used at Machu Picchu)

For the Galapagos Islands:

- Bathing suit
- Closed-toed water shoes for wet landings while exploring by boat
- Sealable waterproof bags to hold wet or damp items
- Non-slip sneakers or rubber-soled walking shoes to wear onboard our ship
- Galapagos Islands field guide
- Motion sickness medicine and/or Sea-Bands®
- Snorkeling gear is available onsite, but you may wish to bring your own mask/snorkel (particularly if you have a prescription mask)

Supplemental Packing List for Safari Tours

There are a myriad of items that prove essential for getting the most out of your safari adventure. The following is a list of items we recommend bringing on your tour.

- Broken-in walking shoes or lightweight trail shoes
- Casual clothing that can be easily layered. **Dressing in layers on these trips is critical, as the temperature can vary widely based on seasonality and time of day.** Many people wear convertible zip-off pants that can be worn as either long pants or shorts.
- Casual, comfortable clothing that can be worn during the day around lodges.
- Wide-brimmed hat
- Above-ankle socks (to avoid mosquito/tsetse fly bites)
- Bandana, buff, or light scarf to shield you from sun and dust on game drives
- Resealable plastic bags (to protect your cell phone and other personal items from dust)
- Good quality binoculars (one pair per person); 20x50 minimum is recommended
- Field guides
- Safari vest with pockets
- Flashlight or headlamp
- Eyeglasses (contact lens wearers may be bothered by the dust while on safari)
- If you bring a camera, bring along 50 mm and 200 mm minimum lenses, as well as dust covers, lens tissues, and filters

For Africa's Wildlife and Southern Africa Odyssey:

- Sports sandals or similar shoes that will dry easily after becoming wet at Victoria Falls (avoid flip flops)
- For May to August departures:**
 - Hat
 - Scarf
 - Gloves
 - Warm Jacket
 - Layering items like fleece shirts and sweaters/cardigans
- On *Africa's Wildlife*, we have the chance to make donations to a school in Victoria Falls. As we make these donations a few days before the flight that imposes a strict luggage weight limit of 44 lbs., don't hesitate to bring some school supplies and books that weigh a bit more.